CLENPIQ PREP FOR COLONOSCOPY – DAY BEFORE PREP:

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops – nothing RED in color. The more clear fluids you drink, the better the prep will be. No nuts, seeds or pulp 3 days prior.

The Clenpiq prep contains two 5.4 oz bottles of prep. FOLLOW THE INSTRUCTIONS GIVEN BY YOUR DOCTOR for DAY BEFORE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Drink one bottle of Clenpiq prep. Drink the entire dose, and then drink five (5) 8 ounce cups of clear liquid at your own pace over the next 5 hours.

8 PM – Repeat with remaining dose of Clenpiq prep. After drinking entire dose, drink at least three (3) 8 ounce cups of clear liquid over the next 2 hours before bed.

NOTHING BY MOUTH AFTER MIDNIGHT.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

DIABETICS: please check with your doctor for help managing your blood sugar on your prep day.

DAY OF COLONOSCOPY – NOTHING BY MOUTH.

NO painkillers, sedatives or alcohol in any form.

DIABETICS- Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure, with just enough water to swallow them.