CLENPIQ PREP FOR COLONOSCOPY – SPLIT DOSE PREP:

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops – nothing RED in color. The more clear fluids you drink, the better the prep will be. No nuts, seeds or pulp 3 days prior.

The Clenpiq prep contains two 5.4 oz bottles of prep. FOLLOW THE INSTRUCTIONS GIVEN BY YOUR DOCTOR for SPLIT DOSE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Drink one bottle of Clenpiq prep. Drink the entire dose, and then drink five (5) 8 ounce cups of clear liquid at your own pace over the next 5 hours. You may have clear liquids until midnight, and nothing after midnight except the 2nd dose of prep.

DAY OF COLONOSCOPY –

4 AM DAY OF COLONOSCOPY – Repeat with remaining dose of Clenpiq prep. After drinking entire dose, drink three (3) 8 ounce cups of clear liquid within one half hour.

NOTHING BY MOUTH AFTER THE PREP IS COMPLETED.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

DIABETICS: please check with your doctor for help managing your blood sugar on your prep day.

No painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure, with just enough water to swallow them.