PLENVU PREP FOR COLONOSCOPY – DAY BEFORE PREP -

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-UP, chicken broth, lemon and lime jello and ice pops. The more clear fluids you drink, the better the prep will be. No nuts, no seeds, corn or pulp 3 days prior to procedure.

The Plenvu prep contains a dosing cup and two (2) powder doses of Plenvu. These instructions are for the DAY BEFORE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Empty dose 1 into mixing cup, add water to fill line and mix/shake well until dissolved. Drink the solution, then drink at least 2 16-ounce cups of clear liquid after the first dose. Continue drinking clear liquids until the 2nd dose.

8 PM – Empty dose 2 (pouches A and B) into mixing cup, add water to fill line and mix/shake well until dissolved. Drink the solution, then drink at least 2 16-ounce cups of clear liquid after the 2nd dose.

NOTHING BY MOUTH AFTER MIDNIGHT.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR PROCEDURE.

DIABETICS – please check with your doctor for help managing your blood sugar on your prep day.

DAY OF COLONOSCOPY – NOTHING BY MOUTH.

NO painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN TAKE your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure with just enough water to swallow them.