SUFLAVE PREP FOR COLONOSCOPY – SPLIT DOSE PREP:

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Sprite, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops – nothing RED in color. The more clear fluids you drink, the better the prep will be. No nuts, seeds or pulp 3 days prior.

The Suflave prep contains two (2) flavor packets and two (2) bottles of prep. FOLLOW THE INSTRUCTIONS GIVEN BY YOUR DOCTOR FOR SPLIT DOSE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Empty 1 flavor packet into 1 bottle. Fill the bottle with lukewarm water up to the fill line. Cover and gently shake until the powder has dissolved. For best taste, you can refrigerate the solution for an hour before drinking. Do NOT freeze. Use within 24 hours.

Drink 8 ounces of solution every 15-30 minutes until the bottle is empty. Drink an additional 16 ounces of water during the evening. You may continue to have clear fluids up until midnight. Nothing by mouth after midnight except for the 2nd dose.

DAY OF COLONOSCOPY –

4 AM DAY OF COLONOSCOPY – Repeat with remaining dose of Suflave, following the instructions from 4 PM. Drink an additional 16 ounces of water by 5 AM.

NOTHING BY MOUTH AFTER THE PREP IS COMPLETED.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

DIABETICS: please check with your doctor for help managing your blood sugar on your prep day.

NO painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure, with just enough water to swallow them.