SUPREP PREP FOR COLONOSCOPY – SPLIT DOSE PREP:

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops – nothing RED in color. The more clear fluids you drink, the better the prep will be. No nuts, seeds or pulp 3 days prior.

The Suprep prep contains one dosing cup and two (2) liquid doses of Suprep. These instructions are for SPLIT DOSE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Fill the dosing cup with ONE BOTTLE of SUPREP liquid and add cool drinking water to the 16-ounc line on the container. Mix well and drink the solution. Drink at least 2 more 16 oz cups over the next hour, and continue to have clear fluids up until midnight. Nothing by mouth after midnight except for the 2nd dose.

DAY OF COLONOSCOPY –

4 AM DAY OF COLONOSCOPY - Repeat with remaining dose of SUPREP, following the instructions for 4 PM. Drink two (2) 16 ounce cups of clear liquid by 5 AM.

NOTHING BY MOUTH AFTER THE PREP IS COMPLETED.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

DIABETICS: please check with your doctor for help managing your blood sugar on your prep day..

NO painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure, with just enough water to swallow them.