SUTAB PREP FOR COLONOSCOPY – DAY BEFORE PREP:

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops – nothing RED in color. The more clear fluids you drink, the better the prep will be. No nuts, seeds or pulp 3 days prior.

The Sutab prep contains 2 bottles of 12 tablets each. Follow the instructions given by your doctor, not the directions on the box.

DAY BEFORE COLONOSCOPY AT 3 PM:

Step 1: Open 1 bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes. If you become uncomfortable, take the tablets and water slower.

Step 2: Approximately 1 hour after the last tablet is swallowed, fill the container a second time and drink the entire amount over 30 minutes.

Step 3: Approximately 30 minutes after finishing the second container of water, fill the container again and drink the entire amount over 30 minutes.

DAY BEFORE COLONOSCOPY AT 8 PM:

Start Dose 2 no sooner than 4 hours after starting Dose 1. Repeat Steps 1 to 3 by using the second bottle of tablets.

NOTHING BY MOUTH AFTER MIDNIGHT.

IF YOU TAKE BLOOD T HINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

DIABETICS: please check with your doctor for help managing your blood sugar on your prep day.

DAY OF COLONOSCOPY – NOTHING BY MOUTH.

NO painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure, with just enough water to swallow them.