PLENVU PREP FOR COLONOSCOPY – SPLIT DOSE

CLEAR FLUIDS ONLY THE ENTIRE DAY BEFORE YOUR COLONOSCOPY.

You can have Slice, Sprite, water, ginger ale, 7-Up, chicken broth, lemon and lime jello and ice pops. The more clear fluids youi drink, the better the prep will be. No nuts, no seeds, corn or pulp 3 days prior to procedure.

The Plenvu prep contains a dosing cup and two (2) powder doses of Plenvu. These instructions are for SPLIT DOSE COLONOSCOPY PREP.

DAY BEFORE COLONOSCOPY –

4 PM – Empty dose 1 into mixing cup, add water to fill line and mix/shake well until dissolved. Drink the solution, then drink at least 2 16-ounce cups of clear liquid after the first dose. Continue to drink clear fluids up until midnight.

DAY OF COLONOSCOPY –

4 AM DAY OF COLONOSCOPY – Empty dose 2 (pouches A and B) into mixing cup, add water to fill line and mix/shake well until dissolved. Drink the solution, then drink 2 16-ounce cups of clear liquid by 5 AM.

NOTHING BY MOUTH AFTER THE PREP IS COMPLETED.

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF THEY NEED TO BE STOPPED FOR PROCEDURE.

DIABETICS – please check with your doctor for help managing your blood sugar on your prep day.

No painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE WEEK prior to procedure.

You CAN TAKE your blood pressure, cardiac, seizure and thyroid medications by 7 a.m. the day of the procedure with just enough water to swallow them.