

## ENDOSCOPY PREP:

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE  
YOUR PROCEDURE

IF YOU TAKE BLOOD THINNERS, YOUR DOCTOR WILL ADVISE YOU IF  
THEY NEED TO BE STOPPED FOR YOUR PROCEDURE.

No painkillers, sedatives or alcohol in any form.

DIABETICS – Do NOT take your medicine or insulin the day of procedure. Check  
your blood sugar and bring your diabetic meds to facility.

If you take OZEMPIC, WEGOVY or MOUNJARO – HOLD meds for ONE  
WEEK prior to procedure.

You CAN take your blood pressure, cardiac, seizure and thyroid medications by 7  
a.m. the day of the procedure, with just enough water to swallow them.